



Emerging Spirit Counseling Services

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## Client Information Form

Today's date: \_\_\_\_\_

**Note:** If you have been a patient here before, please fill in only the information that has changed.

### A. Identification

Your name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Nicknames or aliases: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Home street address: \_\_\_\_\_ Apt.: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home/evening phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

Calls or e-mail will be discreet, but please indicate any restrictions: \_\_\_\_\_

Commercial health insurance carrier/company

Name of company: \_\_\_\_\_

Name of subscriber (if not the patient): \_\_\_\_\_

Identification/agreement/policy #: \_\_\_\_\_ Group or enrollment #: \_\_\_\_\_

Plan #/code: \_\_\_\_\_ Effective date: \_\_\_\_\_

Location of plan: \_\_\_\_\_ Reciprocity #: \_\_\_\_\_

Phone: \_\_\_\_\_ Other information: \_\_\_\_\_

### B. Referral: Who gave you my name to call?

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

May I have your permission to thank this person for the referral?  Yes  No

How did this person explain how I might be of help to you? \_\_\_\_\_

### C. Religious and racial/ethnic identification

Current religious denomination/affiliation  Protestant  Catholic  Jewish  Islamic  Buddhist  Hindu

Other (specify): \_\_\_\_\_

Involvement:  None  Some/irregular  Active

How important are spiritual concerns in your life? \_\_\_\_\_

Which (if any) church, synagogue, temple, or meeting are you involved with? \_\_\_\_\_

Ethnicity/national origin: \_\_\_\_\_ Race: \_\_\_\_\_ or other similar way  
you identify yourself and consider important: \_\_\_\_\_

**D. Your medical care:** From whom or where do you get your medical care?

Clinic/doctor's name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

If you enter treatment with me for psychological problems, may I tell your medical doctor so that he or she can be fully informed and we can coordinate your treatment?  Yes  No

**E. Your current employer**

Employer: \_\_\_\_\_ Address: \_\_\_\_\_

Work phone: \_\_\_\_\_ or other means of communication \_\_\_\_\_

Calls will be discreet, but please indicate any restrictions: \_\_\_\_\_

**F. Emergency information**

If some kind of emergency arises and we cannot reach you directly, or we need to reach someone close to you, whom should we call?

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_

Significant other/nearest friend or relative not residing with you: \_\_\_\_\_

**G. Your education and training**

Dates		Schools	Special classes?	Adjustment to school	Did you graduate?
From	To				

**H. Employment and military experiences**

Dates		Name of employers	Job title or duties	Reason for leaving
From	To			

**I. Family-of-origin history**

Relative	Name	Current age (or age at death)	Illnesses (or cause of death, if deceased)	Education	Occupation
Father					
Mother					
Brothers					
Sisters					

Grandparents

**J. Marital/relationship history**

Spouse's name	Spouse's age at marriage	Your age at marriage	Your age when divorced/widowed	Has spouse remarried?
First				
Second				
Third				

**K. Significant nonmarital relationships**

Name of other person	Person's age	Your age	Your age when ended?	Reasons for ending
First				
Second				
Third				
Current				

**L. Children** Indicate those from a previous marriage or relationship with "P" in the last column.

Name	Current age	Sex	School	Grade	Adjustment problems?	P?
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**M. Chief concern**

Please describe the main difficulty that has brought you to see me: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**N. Treatment**

1. Have you ever received psychological, psychiatric, drug or alcohol treatment, or counseling services before?

No  Yes If yes, please indicate:

When? \_\_\_\_\_ From whom? \_\_\_\_\_ For what? \_\_\_\_\_ With what results? \_\_\_\_\_

2. Have you ever taken medications for psychiatric or emotional problems?  No  Yes If yes, please indicate:

When? \_\_\_\_\_ From whom? \_\_\_\_\_ Which medications? \_\_\_\_\_ For what? \_\_\_\_\_ With what results? \_\_\_\_\_

**O. Relationships in your family of origin.**

Please describe the following:

1. Your parents' relationship with each other: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Your relationship with each parent and with any other adults present: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. Your parents' medical problems, drug or alcohol use, and mental or emotional difficulties: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. Your relationship with your brothers and sisters, in the past and present: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**P. Abuse history:**

I was not abused in any way.  I was abused.

If you were abused, please indicate the following. For kind of abuse, use these letters: P = Physical, such as beatings. S = Sexual, such as touching/molesting, fondling, or intercourse. N = Neglect, such as failure to feed, shelter, or protect. E = Emotional, such as humiliation, etc.

Your age	Kind of abuse	By whom?	Effects on you?	Whom did you tell?	Consequences of telling?
_____	_____	_____	_____	_____	_____

**Q. Present relationships**

1. How do you get along with your present spouse or partner?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. How do you get along with your children? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**R. Chemical use**

1. How many cups of regular coffee do you drink each day? \_\_\_\_\_. How many cups of tea? \_\_\_\_\_. How many sodas/pop with caffeine (Coke, Pepsi, Mountain Dew, Dr. Pepper, Orange Crush, etc.)? \_\_\_\_\_. How many "energy drinks"? \_\_\_\_\_. How often do you use No Doz or similar caffeine pills? \_\_\_\_\_.

2. How much tobacco do you smoke or chew each week? \_\_\_\_\_

3. Have you ever felt the need to cut down on your drinking?  No  Yes

4. Have you ever felt annoyed by criticism of your drinking?  No  Yes

5. Have you ever felt guilty about your drinking?  No  Yes

6. Have you ever taken a morning "eye-opener"?  No  Yes

7. How much beer, wine, or hard liquor do you consume each week, on the average? \_\_\_\_\_

8. Are there times when you drink to unconsciousness, or run out of money as a result of drinking?  No  Yes

9. Have you ever used inhalants ("huffing"), such as glue, gasoline, or paint thinner?  No  Yes If yes, which and when?

\_\_\_\_\_

Which drugs (not medications prescribed for you) have you used in the last 10 years? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Please provide details about your use of these drugs or other chemicals, such as amounts, how often you used them, their effects, and so forth:

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**S. Legal history**

1. Are you presently suing anyone or thinking of suing anyone?  No  Yes. If yes, please explain:

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2. Is your reason for coming to see me related to an accident or injury?  No  Yes If yes, please explain:

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3. Are you required by a court, the police, or a probation/parole officer to have this appointment?  No  Yes. If yes, please explain: \_\_\_\_\_

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4. List all the contacts with the police, courts, and jails/prisons you have had. Include all open charges and pending ones. Under "Jurisdiction," write in a letter: F = federal, S = state, Co = county, Ci = city. Under "Sentence," write in the time and the type of sentence you served or have to serve (AR = accelerated or alternate resolution, CS = community service, F = fine, I = incarceration, Pr = probation, Po = parole, O = other, R = restitution).

Date	Charge(s)	Jurisdiction (F,S,C,Ci)	Sentence (AR, I, Pr, Pa)	Probation/parole officer's name	Your attorney's name
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5. Your current attorney's name: \_\_\_\_\_ Phone: \_\_\_\_\_

6. Are there any other legal involvements I should know about? \_\_\_\_\_

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**T. Other**

Is there anything else that is important for me as your therapist to know about, and that you have not written about on any of these forms? If yes, please tell me about it here or on another sheet of paper:

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## U. Brief Medical History

1. Starting with your childhood and proceeding up to the present, list *all* diseases, illnesses, important accidents and in-juries, surgeries, hospitalizations, periods of loss of consciousness, convulsions/seizures, and any other medical conditions you have had. (Describe pregnancies in section .)

Age	Illness/diagnosis	Treatment received	Treated by	Result
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2. Describe any allergies you have.

To what?	Reaction you have	Allergy medications you take
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3. List *all* medications, drugs, or other substances you take or have taken in the last year—prescribed, over-the-counter vitamins, herbs, and others.

Medication/drug	Dose (how much?)	Taken for	Prescribed and supervised by
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4. Do you try to restrict your eating in any way?

How? \_\_\_\_\_

Why? \_\_\_\_\_

5. Do you have any problems getting enough sleep?  No  Yes. If yes, what problems? \_\_\_\_\_

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6. For women only:

Please list all of your pregnancies:

What happened with this pregnancy?

Your age	Miscarriage	Abortion	Child born	Problems?
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Are there any other medical or physical problems you are concerned about? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please do not write below this line.**

**Follow-up by clinician**

**Based on the responses above and on**  interview data  records I reviewed  other information I have asked the client to complete and/or I have completed the following forms:

Chemical use survey  Suicide risk assessment summary and recommendations  Mental status evaluation report

Other: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*This is a strictly confidential patient medical record. Redisclosure or transfer is expressly prohibited by law.*